



Devon & Somerset Condors First Aid course

Saturday 5th December 2026

The cost is £75 per candidate with the club subsidising 50% of this so the cost for members will be £37.50 each.

To confirm your place on the course please make your payment of £37.50 asap to Lloyds Bank Account No. 00309362 – Sort Code 30-94-36 – in the name of Devon & Somerset Condors Hang Gliding Club. **Your place is not confirmed until payment is received.**

The course will run from 0900 - 1700 with a break for lunch and tea and coffee as needed.

Tea and coffee will be provided but you will need to bring a packed lunch.

The course provider is Apex Medical and Rescue - <https://www.apex-mr.co.uk>

The course will be held at Unit 1 & 2 Heatherton Park Studios, Taunton TA4 1EU - <https://w3w.co/underline.capillary.bunk>

Please note that the entrance to Heatherton Park Studios is NOT through the archway on the junction with the main road (this will only take you to the house) but further down the lane towards Bradford on Tone and on the left hand side.

The day will involve 4 skill stations as follows

- Session 1 - CPR and basic first aid
- Session 2 - Catastrophic bleeding
- Session 3 - Stabilizing a casualty
- Session 4 - Packaging a casualty

Then at the end the day will be some simulations to pull all of the above new skills together. How to manage a scene, best ways of calling for help, identifying the need for specialist rescue services and how to contact them.

As much as possible these sessions will be outside unless the weather is really horrible so please ensure you are dressed appropriately for being outside on the day.

A certificate will be issued to each candidate at the end of the course.